



### What does it treat?

Acne & Acne Scarring  
Freckles & Age Spots

Fine Lines & Wrinkles  
Texture & Lack of Firmness

### Results:

Results can be seen with one VI Peel, but the best results are seen with a combination of professional skincare and a series of VI Peels.

### Downtime:

The peeling process takes 7 days to complete. Days 3 and 4 will have the heaviest peeling. Peeling begins to get better on Day 5. Everyone's process is different!

### What to expect during the procedure:

Your face will be thoroughly cleansed then the VI Peel (a liquid solution) will be applied with gauze. You will hold a fan which will keep you comfortable. Most patients report mild tingling. It is not painful.

### Be sure to:

Follow instructions in your handout.  
Reapply Post Peel Protectant and SPF

### Avoid:

Avoid sun exposure!!  
NEVER pick or pull at the peeling skin. Clip instead.  
Avoid sweating during the 4 days following a VI Peel.

### Before VI Peel:

Discontinue retinol/tretinoin/Retin-A/exfoliating products 7 days prior.  
No waxing, sugaring, facial treatments one week prior.  
Intense facial treatments such as laser resurfacing must be discussed on an individual basis.

### Cannot have VI Peel:

- Pregnant or breastfeeding
- Accutane use within the last year
- Chemo or radiation history (differs by each case)
- Autoimmune/liver/immune diseases
- History of keloid scarring
- Current sunburn

Please notify us of any **allergies** or **skin conditions** prior to appointment. If you have a **history of cold sores**, please let us know so that preventative medicine can be prescribed prior to the appointment. Please allow 5 weeks after the VI Peel before intense sun exposure such as a beach trip. Don't hesitate to contact our office with any questions! 985-255-4448