



VI Peel Post Care

Nothing is to be used on the skin in the four hours after the VI Peel.

Avoid sun exposure. Extensive sun exposure, such as a beach trip, should be scheduled 5 weeks after peel. Follow the skin care regimen listed below. Do not use any additional products on your skin. You can resume normal skin care after Day 7 or once peeling has stopped. Sometimes peeling occurs twice.

Avoid excessive sweating in the 72-96 hours following the peel.

Do not pick at or peel the skin. Doing so can result in scarring or pigmentation. You can clip peeling skin.

Makeup can be worn the day following the peel.

A Benadryl can be taken before bed to relieve itching.

Four hours after the peel:

Cleanse the skin with the VI Derm Cleanser. Rinse with cool or warm water and pat dry.

Apply the first towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. The skin should not be cleansed after the towelette application.

IMPORTANT - apply the Post Peel Protectant after the towelette has been fully absorbed. If excessive itching occurs, cleanse skin with VI Derm Cleanser once again and reapply Post Peel Protectant.

Night 1: - One hour before bedtime:

Cleanse the skin with VI Derm Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd towelette.

IMPORTANT - apply the Post Peel Protectant after the towelette has been fully absorbed. If excessive itching occurs, cleanse skin with VI Derm Cleanser once again and reapply Post Peel Protectant.

Day 2 - Morning:

Cleanse the skin with VI Derm Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm Post Peel Protectant, wait until it fully absorbs, then apply VI Derm SPF 50+. Apply both the protectant and the SPF 2-4 times throughout the day or as often as needed.

Night 2: - One hour before bedtime:

Cleanse the skin with VI Derm Cleanser. Rinse with cool or warm water and pat dry. Apply the 3rd towelette.

IMPORTANT - apply the Post Peel Protectant after the towelette has been fully absorbed. If excessive itching occurs, cleanse skin with VI Derm Cleanser once again and reapply Post Peel Protectant.

Day 3-7:

Morning and night cleanse with VI Derm Cleanser. During the day use the Post Peel Protectant and SPF 50+ as needed. At night use the Post Peel Protectant.

Peeling usually begins by Day 3. Once the skin starts peeling **do not peel or pick at your skin**. This may cause scarring or pigmentation. After your skin is done peeling (Day 7), you can resume your normal skin care routine.