

Microneedling Information

What does it treat?

Acne scarring, appearance of pores, fine lines & wrinkles, texture, lack of firmness, overall skin rejuvenation.

Results:

A series of 4-6 sessions spaced 4 weeks apart is recommended. Optimal results are seen when microneedling is combine with professional skincare.

Downtime:

Your skin will appear sunburned immediately after the service. Some patients have tiny red dots on the skin. Most people have minimal redness the following day. Makeup can be worn 24 hours after the procedure. Some patients may experience dry patches in the days following the procedure. Everyone's process is different!

What to expect during the procedure:

Your face will be cleansed, numbed, and sanitized. A clear get will be applied to allow the device to glide across the skin. Most patients experience very mild discomfort but not pain.

Be sure to:

Apply sunscreen **daily** whether you plan to be outside or not.

Avoid:

Avoid sun exposure immediately following the procedure and 7 days for intense sun exposure.

Before Microneedling:

Discontinue retinol/tretinoin/Retin-A products 2 days prior.

Avoid ibuprofen, Aleve, Advil, aspirin, and Motrin 2 days prior. **Speak to your doctor before discontinuing daily aspirin or any other blood thinning medications prescribed by a physician.**

No dermal fillers one month prior.

Avoid drinking alcohol 24 hours prior.

Cannot have Microneedling:

Pregnant or breastfeeding

Uncontrolled diabetes

Accutane use within the last year

Chemo or radiation history (differs by each case)

Bleeding disorders

Current sunburn or upcoming sun exposure within the next week (such as beach trip)

Please notify us of any and all **allergies** or **skin conditions** prior to appointment. If you have a **history of cold sores** please let us know so that preventative medicine can be prescribed prior to the appointment. Don't hesitate to contact our office with any questions! 985-255-4448